



Bayer HealthCare  
Consumer Care

## FLINTSTONES WITH IRON

### Children's Multivitamin Supplement

**Directions:** Under adult supervision product should be fully chewed.  
Children 2 to 3 years of age: **Fully chew** one-half tablet daily, with food.  
Adults and children 4 years of age and older: **Fully chew** one tablet daily, with food.

#### Supplement Facts

Serving Size: ½ tablet (2 & 3 years of age); 1 tablet (4 years of age and older)

Servings Per Container: (number of tablets X 2); (number of tablets)

Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (1/2 Tablet)	% Daily Value for Adults and Children 4 Years of Age and Older (1 Tablet)
Total Carbohydrate < 1 g	**	< 1%*
Sugars 0 g	**	**
Vitamin A 1300 IU (10% as beta-carotene)	26%	26%
Vitamin C 60 mg	75%	100%
Vitamin D 600 IU	75%	150%
Vitamin E 15 IU	75%	50%
Thiamin (B <sub>1</sub> ) 0.75 mg	54%	50%
Riboflavin (B <sub>2</sub> ) 0.85 mg	53%	50%
Niacin 10 mg	56%	50%
Vitamin B <sub>6</sub> 1 mg	71%	50%
Folic Acid 200 mcg	50%	50%
Vitamin B <sub>12</sub> 3 mcg	50%	50%
Pantothenic Acid 5 mg	50%	50%
Iron 18 mg	90%	100%

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Ingredients:** Sorbitol, Mannitol, Fructose<sup>†</sup>, Sodium Ascorbate, Ferrous Fumarate, Silicon Dioxide, Carrageenan, Natural and Artificial Flavors, FD&C Red #40 Aluminum Lake; Less Than 2% Of: Beta-Carotene, Cholecalciferol, Cyanocobalamin, D-Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, FD&C Blue #2 Aluminum Lake, FD&C Yellow #6 Aluminum Lake, Folic Acid, Gelatin, Magnesium Stearate, Niacinamide, Pyridoxine Hydrochloride, Riboflavin, Sucralose, Thiamine Mononitrate, Vitamin A Acetate.

**Contains:** Soy.

<sup>†</sup>Adds a trivial amount of sugar

# FLINTSTONES COMPLETE

## Children's Multivitamin Supplement

**Directions:** Under adult supervision product should be fully chewed or crushed.  
Children 2 & 3 years of age: **Fully chew** one-half tablet daily, with food. Adults  
and children 4 years of age and older: **Fully chew** one tablet daily, with food.

### Supplement Facts

Serving Size: ½ tablet (2 & 3 years of age); 1 tablet (4 years of age and older)  
Servings Per Container: (number of tablets X 2); (number of tablets)

Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (1/2 Tablet)	% Daily Value for Adults and Children 4 Years of Age and older (1 Tablet)
Total Carbohydrate < 1 g	**	< 1%*
Sugars 0 g	**	**
Vitamin A 3000 IU (33% as beta-carotene)	60%	60%
Vitamin C 60 mg	75%	100%
Vitamin D 600 IU	75%	150%
Vitamin E 30 IU	150%	100%
Vitamin K 55 mcg	**	69%
Thiamin (B <sub>1</sub> ) 1.5 mg	107%	100%
Riboflavin (B <sub>2</sub> ) 1.7 mg	106%	100%
Niacin 15 mg	83%	75%
Vitamin B <sub>6</sub> 2 mg	143%	100%
Folic Acid 400 mcg	100%	100%
Vitamin B <sub>12</sub> 6 mcg	100%	100%
Biotin 40 mcg	13%	13%
Pantothenic Acid 10 mg	100%	100%
Calcium 100 mg	6%	10%
Iron 18 mg	90%	100%
Iodine 150 mcg	107%	100%
Zinc 12 mg	75%	80%
Copper 2 mg	100%	100%
Sodium 10 mg	**	< 1%

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Ingredients:** Granulated Calcium Carbonate (Calcium Carbonate, Dextrose Monohydrate†, Sugar†, Maltodextrin, Microcrystalline Cellulose), Sorbitol, Sodium Ascorbate, Ferrous Fumarate, Natural and Artificial Flavoring, Pregelatinized Starch, dl-Alpha Tocopheryl Acetate; Less Than 2% Of: Beta-Carotene, Biotin, Calcium Pantothenate, Cholecalciferol, Cupric Oxide, Cyanocobalamin, FD&C Blue #2 Aluminum Lake, FD&C Red #40 Aluminum Lake, FD&C Yellow #6 Aluminum Lake, Folic Acid, Gelatin, Magnesium Oxide, Magnesium Stearate, Mono- and Diglycerides, Niacinamide, Potassium Iodide, Pyridoxine Hydrochloride, Phytonadione, Riboflavin, Silicon Dioxide, Soy Lecithin, Sucralose, Thiamine Mononitrate, Vitamin A Acetate, Zinc Oxide.

**Contains:** Soy.

†Adds a trivial amount of sugar